

NARRATIVES OF CARE

Puerto Rico

MEDIA & PRESS INFORMATION

A narrative podcast series exploring how caregiving is shaped by place.

Premieres October 6, 2026 · New episodes Tuesdays

Short Description

Narratives of Care: Puerto Rico is a narrative podcast series exploring how caregiving is shaped by place. Through oral histories centered primarily on families navigating cancer and dementia, the series looks beyond the relationship between caregiver and care recipient to the family, healthcare systems, geography, infrastructure, migration, and community surrounding their care.

Full Description

Narratives of Care: Puerto Rico is a narrative podcast series that explores what caregiving can look like when place becomes part of the story.

Through oral histories with families navigating cancer and dementia, caregivers, and people working within the systems surrounding them, the series examines the conditions that shape how care is given and received in Puerto Rico. Family networks, healthcare access, geography, infrastructure, migration, community support, and the meaning of home all become part of the caregiving experience.

The series does not attempt to define caregiving in Puerto Rico or present any one story as representative of every caregiver on the island. Instead, it offers a glimpse through the experiences of the people who shared their stories.

By placing those individual experiences beside one another, *Narratives of Care: Puerto Rico* asks listeners to consider what parts of caregiving may feel universal and what changes when the circumstances surrounding care are different.

About Charlotte Bayala

Charlotte Bayala is an award-winning podcast host, storyteller, speaker, and caregiver advocate whose work focuses on making the lived experience of caregiving more visible and helping organizations better understand the people providing unpaid care.

Her work is informed by more than a decade of caring for her husband through cancer, an experience that reshaped how she understood the emotional, physical, and systemic demands

placed on family caregivers. Since then, Charlotte has built a body of work centered on caregiving through podcasts, interviews, workshops, speaking, and organizational partnerships.

She is the creator and host of *Narratives of Care*, a narrative podcast project that examines caregiving through personal stories and the places, systems, relationships, and circumstances surrounding them. Its first series, *Narratives of Care: Puerto Rico*, brings together oral histories from families navigating cancer and dementia and asks how caregiving changes when place becomes part of the story.

Charlotte also hosts *The Cancer Caregiver Podcast* and *Caregiver Breathing Room*, both of which have received recognition for storytelling, service, and impact.

Puerto Rican and born and raised in the United States, Charlotte brings both personal and cultural connection to *Narratives of Care: Puerto Rico*. Across all of her work, she aims to make caregiving more visible, deepen public understanding of what caregivers carry, and help create support that reflects what caregivers actually need.

Contact Charlotte

Media & Interview Requests

Charlotte Bayala

charlotte@charlottebayala.com

NarrativesOfCare.com

Press assets and additional project information available at NarrativesOfCare.com/media